

## THE TWELVE STEPS OF ALCOHOLICS ANONYMOUS

1. We admitted we were powerless over alcohol ... that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of GOD as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to GOD, to ourselves and to another human being the exact nature of our wrongs.
6. Were entirely ready to have GOD remove all these defects of character.
7. Humbly asked Him to remove all our shortcomings.
8. Made a list of all persons we had harmed and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong, promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with GOD as we understood Him, praying only for knowledge of His will, and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to alcoholics, and practice these principles in all our affairs.

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## BIBLICAL REFERENCES TO THE TWELVE STEPS

1. "I know that nothing good lives in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out." Romans 7:18
2. "... my grace is sufficient for you, for my POWER is made perfect in weakness." II Corinthians 12:9
3. "... If anyone would come after me, he must deny himself and take up his cross daily and follow me." Luke 9:23\*\*
4. "Let us examine our ways and test them, and let us return to the Lord." Lamentations 3:40
5. "Therefore confess your sins to each other and pray for each other so that you may be healed." James 5:16
6. "If you are willing and obedient, you will eat the best from the land." Isaiah 1:19
7. "Humble yourselves before the Lord, and He will lift you up." James 4:10
8. "Therefore, if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there in front of the altar. First go and be reconciled to your brother; then come and offer your gift." Matthew 5:23,24\*\*
9. "Give and it shall be given you. A good measure, pressed down, shaken together and running over, will be poured into your lap. For with the measure you use, it will be measured to you." Luke 6:38\*\*
10. "For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the measure of faith GOD has given you." Romans 1:2.3
11. "May the words of my mouth and the meditation of my heart be pleasing in your sight, O Lord, my Rock and my Redeemer." Psalm 19:14
12. "Brothers, if someone is caught in a sin, you who are spiritual should restore him gently. But watch yourself, or you also may be tempted. Carry each other's burdens, and in this way you will fulfill the law of Christ." Galatians 6:1-2

\*\*The words of Christ

## Introduction to

# Alcoholics Victorious

A Division of the  
Association of Gospel Rescue Missions  
[www.alcoholicsvictorious.org](http://www.alcoholicsvictorious.org)



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## What is *Alcoholics Victorious*?

*Alcoholics Victorious* (AV) is a Christian support group for chemically dependent persons. It is comprised of alcoholics and drug addicts. We believe that alcoholism is an addiction, and that the alcoholic is an individual who cannot, as a matter of will power alone, control his or her own dependency.

## What *Alcoholics Victorious* is not

- A substitute for church attendance
- A Bible study
- A professional therapy group
- Geared to any one denomination
- Intended to replace secular AI-Anon or AA meetings
- Intended to replace or undermine any other Christian groups

## The Purpose of *Alcoholics Victorious*

By sharing our experience, strength and hope, we encourage Christian growth as we slowly separate ourselves from the bitter and lonely trauma of alcoholism and its effects on the family. We are devoted to:

- support and education addictive problems
- reconciliation to GOD and family
- encouragement and support of one another through fellowship in recovery.

We are here to grow.

## Why a “Christian” AA?

Those familiar with Alcoholics Anonymous (AA) may well ask the question above. For believers in Christ, the answer is simple. We have identified Jesus as our "higher power" and we would welcome the opportunity to meet in His name to deal with the problems that surround addictions, speaking freely of our relationship with Him, sharing our struggles with faith issues, and using intercessory prayer for our healing. Christians are NOT immune to addictive or compulsive disorders, and hiding our problems from our church adds to our "shame" burden and hinders healing.

Non-believers in Christ would have an opportunity to come to know the true "higher power" spoken of in AA, finding an atmosphere of accepting Christian love in which to form a personal relationship with the Lord.

For those unfamiliar with the AA approach to recovery, there would be the chance to learn the reality that there is a "spiritual" element in addiction that must be addressed through the true GOD. And here in a Christian environment, forgiveness and release from shame can be found so that we may approach our GOD with freedom and boldness.

In *Alcoholics Victorious*, the twelve-step approach to recovery is combined with support from God's Word, confidential sharing among group members and loving prayers.



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## Who Should Attend *Alcoholics Victorious* Meetings?

BELIEVERS still addicted to alcohol/drugs who, although committed Christians, may still be suffering in silence out of fear, shame, guilt and lack of ability to trust - all of which are characteristic responses to this family disease.

NON-BELIEVERS still addicted to alcohol/drugs who feel compelled to search out the true "higher power"- Jesus Christ - attempting to identify Him, to come to know Him and then to trust Him for healing power.

### The *Alcoholics Victorious* Creed

- I realize that I cannot overcome my addiction by myself. I believe the power of Jesus Christ is available to help me. I believe that through my acceptance of Him as my Savior, I am a new person.
- Because the presence of GOD is manifested through continued prayer, I will set aside two periods every day— morning and evening for communication with my Heavenly Father. I realize my need for daily Bible readings and will use it as a guide for my daily living.
- I recognize my need of Christian fellowship and will, therefore, have fellowship with Christians through the church of my choice. I know that in order to be victorious, I must keep active in the service of Christ and His church, and I will help others to victory.
- I do not partake of any beverage containing alcohol. I know that it is the first drink that does the harm. Therefore, I DO NOT DRINK.
- I can be victorious because I know that GOD's strength is sufficient to supply all my needs.